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# **What is Project EARTH?**

Project EARTH is a one to five day program designed for schools to enhance both social and academic goals.

Operating from September to June, one of the goals of Project EARTH is to create an appreciation for the natural environment. Another goal is to provide an environment that promotes caring, responsibility, respect and honesty between students.

## **Environmental Discovery**

Environmental Discovery activities provide opportunities for imagination and exploration of the natural world. Through hands-on learning, students develop better understandings of the basic functions of life. Reptiles, amphibians, invertebrates and ecosystems are just a few science related topics schools can choose from.

## **Adventure and Cooperative Learning**

Adventure and Cooperative Learning utilizes a variety of tools and methods to improve the basic values of respect, caring, responsibility and honesty. These experiences help to boost student communication, cooperation and group problem solving. Tree Tops Challenge, Copneconic Summit and the Triple C Challenge course are just a few adventure-based classes schools can choose from.

## **Recreational Fun**

Recreational activities provide students opportunities to build new skills, confidence and self-esteem. Horseback Riding, Canoeing, Voyager Hike and Bullseye Bonanza are just a few activities schools can choose from.

## **Touching Nature**

Touching Nature curriculum is designed to create an appreciation for the out of doors through hands-on experiences with the natural world. Students are introduced to practical ways they can interact with their environment. Outdoor Coking, Woodland Artists, Fire Quest and Relic Hunters a few activities schools can choose from.

## **Historical and Cultural Lessons**

Historical and Cultural Lessons explore the valuable lessons of the past and from different cultures. Students will be immersed in another culture or take part in activities that will take them back in time. Michigan Country, Native Peoples and Pioneer Crafts are a few activities schools can choose from.

# Teacher's Page

## Pre-Camp Planning

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This page is to be used to help you plan an organized and well-run camp. We have created a checklist of what we have seen work for schools. We feel it is very important to have everything on this list prepared before you arrive at camp. If at anytime you have questions about the planning process, please feel free to contact Ryan Hove.

- As soon as you have selected activities for your group, please fill out the activity selection form and fax it to Ryan Hove. If you are unsure of how many activities to pick, there is a guide on the form. If you prefer to use the online class selection form, please visit the camp web site: [www.campcopneconic.org](http://www.campcopneconic.org).
- Before arriving at camp, please split your students into activity groups. Please wait until you have received your schedule or spoken with Ryan to split your students. Depending on the number of students you have each year, the number of activity groups will change.
- After dividing your students, create a list for each chaperon to keep with them. Very often on the first day of camp chaperons are unclear how many students are in their group and if any are missing they do not know who it is.
- Before arriving at camp, please split your students into cabin groups. There are forms in this guide to help you do that. Remember to include chaperons in the number of beds you will need in each cabin.
- Once you have students divided into activity and cabin groups we would like you to create a name tag for each student with the following information on it:
  - Name
  - Activity group number or name
  - Cabin name
- It is extremely important for students to know that information before they arrive at camp. Some schools give out a nametag to kids as they board the bus with this information on it. This will save time when you arrive and will also help with organization as the kids get off the bus.
- We will use "Hands Up" to get the kids' attention at camp. This simply means that when someone yells, "hands up", that all students stop talking and put their hands up. It would be great if you practiced this with your kids before they arrive at camp.

- It is very important for you to let us know if you have students with special needs prior to arriving at camp. If you have a student who requires a wheelchair or a special diet, we want to ensure that we prior arrangements are made for those students to have a comfortable stay at camp.
- On the last morning of your camp stay your group's host will give you program evaluations. We would like those back at your final meal. We will also be asking for a final count. We will need a count of all students, chaperons and teachers. If you have extra parents eating meals (which must be arranged before camp) we will also need a count of that so we can bill the school accordingly. It is important that we get this information before you leave camp for billing purposes.
- **Each school is responsible for all the administration of medicine and first aid. Schools must bring first aid kits.**
- We suggest that you appoint one or two teachers to be responsible for all medications and first aid. It is important that if a student is injured that a designated person is easy to find. Some schools give small first aid kits with band-aids to each chaperon.
- We encourage you to copy and use the forms in this guide to benefit your group. Please make copies of the Chaperon Guidelines, What to Bring List, Cabin Lists and anything else that may help you prepare for camp.
- If at anytime you need help, please call our Director of School Programs, Ryan Hove and he will be more than happy to meet with you and answer any questions.

# Project EARTH Sample Schedule

## First Day

10:30	Arrival
10:45	Camp Orientation
11:30	Lunch
12:30	<b>Project EARTH Activity</b>
1:30	Break
1:40	<b>Project EARTH Activity</b>
2:40	Break
2:50	<b>Project EARTH Activity</b>
3:50	Break
4:00	<b>Project EARTH Activity</b>
5:00	Break
5:15	Dinner
6:15	Cabin Time
6:45	<b>Evening Activity</b>
7:45	<b>Evening Activity</b>
8:45	Snack / Depart for Cabins
10:00	Lights Out / Quiet Hours

## Middle Days

8:15	Breakfast
9:00	Cabin Clean Up
9:15	<b>Project EARTH Activity</b>
10:15	Break
10:25	<b>Project EARTH Activity</b>
11:25	Break
11:30	Lunch
12:30	<b>Project EARTH Activity</b>
1:30	Break
1:40	<b>Project EARTH Activity</b>
2:40	Break
2:50	<b>Project EARTH Activity</b>
3:50	Break
4:00	<b>Project EARTH Activity</b>
5:00	Break
5:15	Dinner
6:15	Cabin Time
6:45	<b>Evening Activity</b>
7:45	<b>Evening Activity</b>
8:45	Snack / Depart for Cabins
10:00	Lights Out / Quiet Hours

## Last Day

7:45	Move Luggage Out of Cabins
8:15	Breakfast
9:00	Final Cabin Clean-Up
9:15	<b>Project EARTH Activity</b>
10:15	Break
10:25	<b>Project EARTH Activity</b>
11:25	Break
11:30	Closing Ceremony and Slide Show
12:00	Lunch and Departure

# **Environmental Discovery**

## **Amazing Invertebrates**

Students enjoy hands on experiences with boneless creatures! We will look at habitats like logs, puddles and anthills. Unique specimens like a hissing cockroach, giant millipede and tarantula will be viewed.

***Seasonal Availability: Fall and Spring***  
***Activity Length: Single***

## **Aqua Lab**

Students will become scientists as they explore the Swartz Creek and our own Vernal Pond. Through hands-on experimentation, students will test ph levels, identify bottom types and collect water samples. Using microscopes students will examine life in these ecosystems. Since students will be walking in the stream and pond, appropriate footwear is required.

***Seasonal Availability: Fall and Spring***  
***Activity Length: Double***

## **Aqua Safari**

This unique safari allows students the opportunity to explore Swartz Creek and our own vernal pond. Through hands-on learning, students will be collecting fish, crawfish, tadpoles and many more species native to the two areas. Students will investigate bottom type, pH, amount of shade and more. Students will actually be walking in the stream and pond, so appropriate footwear is required.

***Seasonal Availability: Fall and Spring***  
***Severe weather restrictions may apply.***  
***Activity Length: Single***

## **Bird Brains**

Students will experience a close encounter of the bird kind. Each group will take part in a discussion about what characteristics make birds unique. After a lesson in identification, students will head out to our bird blind for a bird watching experience.

***Seasonal Availability: All seasons***  
***Severe weather restrictions may apply.***  
***Activity Length: Single***

## **Botanical Bonanza**

Using the Nutrient Cycle as a guide, students will learn how the living and non-living environment interact. Students will learn the parts of a tree and “adopt” a tree on camp to study. Students will learn how to test the soil for organic and inorganic matter and hypothesize why certain trees grow in certain areas. The class will end with a hike where the students can utilize their new leaf/tree identification skills.

***Seasonal Availability:*** ***Spring and Fall***  
***Severe weather restrictions may apply.***  
***Activity Length:*** ***Single***

## **Ecomania**

Students learn about ecosystems in a fun and interactive way! Basic concepts of food chain, food web and habitat are explored through meaningful games. The class builds up to *The Game of Life* in which each student becomes an animal and must survive in the wild.

***Seasonal Availability:*** ***All seasons***  
***Severe weather restrictions may apply.***  
***Activity Length:*** ***Double***

## **Habitrackers**

Students head out on a hike to find animal signs, tracks, scat and habitats. Along the way fascinating plants, trees, vines and more will be discovered in the beautiful natural areas at Camp Copneconic. Students will learn about the oldest tree on camp, edible plants, habitats and more.

***Seasonal Availability:*** ***Spring and Fall***  
***Severe weather restrictions may apply***  
***Activity Length:*** ***Single***

## **In Cold Blood**

Reptiles, Amphibians and Fish! Students will get a hands-on experience with the live creatures. Instructors will discuss characteristics of toads, frogs, snakes, turtles and a variety of lizards. Students will discuss what makes them similar and what makes them different.

***Seasonal Availability:*** ***All seasons***  
***Activity Length:*** ***Single***

## **Owl Alert**

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Students will learn about one of the most fascinating birds on earth – the owl. Camp instructors will lead an interactive discussion touching on diet, hunting, feather types and more. Students will love dissecting owl pellets and learning about the diet of this nocturnal predator.

***Seasonal Availability:*** ***All seasons***

***Activity Length:*** ***Single***

# **Adventure and Cooperative Learning**

## **Bridging the Gap**

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Students join forces to develop a prototype of a bridge using only a few materials. Split into small teams, each group must find a way to build a bridge that will support weight that will increase with each test. Group problem solving, planning and teamwork are emphasized.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Copneconic Summit**

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Camp Copneconic's 55ft. climbing tower requires participants to step outside of their comfort zone. Reaching one's goal can either be five feet or fifty-five feet above the ground. Both are achievements that will expand the student's comfort zone while building self-confidence and self esteem.

***Seasonal Availability: Fall and Spring***

***Severe weather restrictions may apply.***

***Activity Length: Double***

***Extra Charge: \$10.00 per student***

## **Creature**

---

A unique communication game, students are broken into teams and are given a task to build a robotic like creature from a prototype model. With only one team member who actually has access to the secret plans, other team members must relay design features to the student who must try and re-create the original creature. Communication, teamwork and listening skills are key to this activity.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Creek Freak Zip Line**

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Safely harnessed, participants will take an exhilarating zip line ride across camp's deep Swartz Creek ravine! Participants will then come to a stop on the other side of the creek and make the hike back to the top of the hill. *Participants must be at least 10 years old to participate in the Creek Freak. There is a 250lb weight limit.*

**Seasonal Availability:** *Fall and Spring*  
*Severe weather restrictions may apply*

**Activity Length:** *Single*

**Extra Charge:** *\$5.00*

## **Indoor Initiatives**

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This is a great alternative to the Triple C Challenge Course on rainy, cold days or if you would just like a shorter version. Utilizing our portable initiatives students will need to communicate and work as a team to complete each initiative.

**Seasonal Availability:** *All seasons*

**Activity Length:** *Single*

## **Lost**

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The group's plane has just crashed landed leaving students stranded in the woods. They are taught the basics of survival with a lesson on map and compass work, shelter building and fire building. Groups must then navigate from checkpoint to checkpoint completing a task at each. Each small group starts with 15 survival points that they must keep in order to survive.

**Seasonal Availability:** *All seasons*

**Activity Length:** *Double*

## **Tree Tops Challenge**

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Wild Woozy, Hour Glass and Postman's Walk are just a few of the fun and challenging high ropes elements constructed high within the trees. The high ropes course is a two-story course built with all types of challenges. Students will step outside of their comfort zone and choose a challenge right for them. Self-confidence and embracing challenges are just a couple of the lessons that will come out of this amazing experience. *Students must be at least 10 years old to participate in the Tree Tops Challenge.*

**Seasonal Availability:** *Fall and Spring*  
*Severe weather restrictions may apply.*

**Activity Length:** *Double*

**Extra Charge:** *\$10.00 per student*

## **Triple C Challenge Course**

Courage, Character and Cooperation are the three keys to conquering the Triple C Challenge Course. Groups are placed into imaginative and challenging situations that involve a series of ground level initiatives. Students must focus on creative problem solving and goal achievement if they plan on overcoming group challenges.

***Seasonal Availability: All Seasons***

***Severe weather restrictions may apply.***

***Activity Length: Double***

## **Zip Line**

Safely harnessed, students will climb a ladder up the inside of our 55-ft climbing tower leading them to a 75-yard cable. Facilitators will then help the participants to step off the tower to an adventurous zip line ride! *Participants must be at least 10 years old to participate in the Zip Line.*

***Seasonal Availability: Fall and Spring***

***Severe weather restrictions may apply***

***Activity Length: Single***

***Extra Charge: \$5.00***

# **Recreational Fun**

## **Bullseye Bonanza**

From Ancient Asia to Medieval Europe and Early America the bow was a vital part of life. Copneconic's version sees archers learn the basics of the sport, receive a brief lesson and then partake in some friendly competition.

**Seasonal Availability:** *Fall and Spring*  
*Severe weather restrictions may apply.*

**Activity Length:** *Single*

## **Capture the Flag**

A great activity for students to burn some energy! Capture the Flag is a traditional camp game that is great for getting kids together for some friendly competition. Strategy, utilization of talents and determination are the key to this fun activity.

**Season Availability:** *All seasons*  
*Severe weather restrictions may apply.*

**Activity Length:** *Single*

## **Circle C Riders**

One of the most primitive forms of transportation, horseback riding is now a recreational activity that young people simply love. In this class, students learn the basics of riding and venture out on a horseback ride through beautiful trails that wind through our 450 acres.

**Seasonal Availability:** *Available Sept. 4<sup>th</sup>-14<sup>th</sup> & May 27<sup>th</sup>-June 6<sup>th</sup>*  
*Severe weather restrictions may apply.*

**Activity Length:** *Single*

**Extra Charge:** *\$10.00 per student*

## **Cross Country Skiing**

Students are fitted with boots, skis and poles and then given a short lesson on the basics of cross-country skiing. After the lesson the group will ski along the trails that cover Camp Copneconic.

**Season Availability:** *Winter*  
**Activity Length:** *Single or Double*

## **Dude Ranchers**

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Students head down to the Circle C Ranch for a lesson on the horse. This is a hands-on class where the young dude ranchers have the opportunity to learn about the history, senses and care-taking aspects of horses. Students will have a chance to groom and feed the horses.

**Seasonal Availability:** *All seasons*

**Activity Length:** *Single*

## **Fitness Funatics**

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This class is both education and active, as students examine the importance of health and fitness. Students will learn about proper nutrition, how to calculate their heart rate, and role of exercise in a maintaining a healthy a body. The idea that exercise can be fun will be reinforced with a game of Ultimate Frisbee!

**Seasonal Availability:** *All seasons*

*Severe weather restrictions may apply.*

**Activity Length:** *Single*

## **Games Galore**

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One of our favorite recreational activities immerses students in an hour-long session of non-stop fun and games. Campers experience some of Camp Copneconic's best kid-tested games!

**Seasonal Availability:** *All seasons*

**Activity Length:** *Single*

## **Kayaking**

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Students will leave Camp Copneconic and experience a "Kayak Attack" wanting to experience more and more kayaking. The kayak is a lot of fun and each student will paddle their own watercraft giving them a great sense of accomplishment.

**Seasonal Availability:** *Fall and Spring*

*Severe weather restrictions may apply.*

**Activity Length:** *Single*

## **Lake Copneconic Canoers**

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Like the early Americans of the past, students embark on a journey around Lake Copneconic. After a short lesson on paddling and canoe safety, campers will head out for a canoeing expedition.

***Seasonal Availability:*** ***Fall and Spring***

***Severe weather restrictions may apply.***

***Activity Length:*** ***Single***

## **Tobogganing**

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Students hike out to the Toboggan Run where they will receive helmets and a short safety lesson. They will then grab a sled and head down the wooden run. Students will compete for best wipe out, longest slide and more.

***Seasonal Availability:*** ***Winter***

***Unsafe weather restrictions may apply.***

***Activity Length:*** ***Single***

## **Voyager Hike**

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This class takes students on an adventurous hike around Camp Copneconic. Logs, brush and water are all obstacles campers may face while on a quest for the elusive "Board of Voyagers". Campers will learn about the fun of hiking in nature. Old shoes are a must, as mud will not stop the hike.

***Seasonal Availability:*** ***All seasons***

***Severe weather restrictions may apply.***

***Activity Length:*** ***Single***

# **Touching Nature**

## **Outdoor Cuisine**

Students will love taste testing one of camp's favorite outdoor cuisines such as Campside Stew. Students learn tried and true outdoor cooking techniques by learning first hand how to prepare and cook over an open fire. Groups will also cook bread over an open fire and try their hand at making butter.

**Seasonal Availability:** *All seasons*  
*Severe weather may move the class indoors.*  
**Activity Length:** *Single*

## **Relic Hunters**

Orienteering is the skill and searching for relics is the thrill! Students experience an action packed approach to navigating outdoors by learning the basics of map and compass use. After going through the compass course, students are put to the test and set out to put their new skills into action as they hike around camp to find the lost relic.

**Seasonal Availability:** *All seasons*  
*Severe weather restrictions may apply.*  
**Activity Length:** *Single*

## **Fire Quest (formerly Wilderness Survival)**

Fundamentals of fire building, fire use and fire safety are taught in this enjoyable class. Students will learn the basics of fire building and then will be put to the test. Split into small teams, each group must gather wood, build and light a fire large enough to cook s'mores or boil an egg – your choice.

**Seasonal Availability:** *All seasons*  
**Activity Length:** *Single*

## **Woodland Artists**

This activity has become a favorite as students create their very own Woodland Artists Gallery. Campers choose their artistic supplies and then find a quiet place to sit and create a piece of artwork. At the end of class all students hang their work as a display for others to see.

**Seasonal Availability:** *Fall and Spring*  
*Severe weather restrictions may apply.*  
**Activity Length:** *Single*

# **Historical and Cultural Lessons**

## **Dreamcatchers**

A beautiful Native American tradition, students will learn the history of the dreamcatcher. After the short story, students will create their own dreamcatcher to take home.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Pioneer Crafts**

After reviewing the lifestyles of young early Americans, students will have the opportunity to actually experience early American crafts like cornhusk dolls and God's eyes. These are crafts that were made by children of early America.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Michigan Country**

Students travel back in time to early 1800s as families trying to survive the harsh pioneer lifestyle. In this activity the students participate in a living history simulation that depicts the experiences and challenges faced by the early Americans settling the Michigan territory.

***Seasonal Availability: Fall and Spring***

***Severe weather restrictions may apply.***

***Activity Length: Double***

## **Native Peoples**

Students learn about one of the main tribes in Michigan – the Ojibwa (Chippewa). This class helps breakdown stereotypes and build up awareness surrounding Native Americans in a fun and exciting way. Students will learn fascinating aspects of daily life as well as authentic Native American games.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## Evening Activity Choices

### Campfire

The highlight of camp for many students, campers will experience more than just a fire. Instructors will lead fun and crazy camp songs, stories, cheers, skits and more around the campfire. A night at campfire will not soon be forgotten.

***Seasonal Availability:*** *All seasons*

***Activity Length:*** *Single*

### Capture the Flag

A great activity for students to burn some energy! Capture the Flag is a traditional camp game that is great for getting kids together for some friendly competition. Strategy, utilization of talents and determination are the key to this fun activity.

***Season Availability:*** *All seasons*

***Severe weather restrictions may apply.***

***May depend of time of sundown.***

***Activity Length:*** *Single*

### Copneconic Disco Fever

This is a chance for students to burn off energy. A mix of school appropriate songs, combined with disco lights, allow the students to relax and interact as they dance the night away.

***Seasonal Availability:*** *All seasons*

***Activity Length:*** *Single*

### Creature

A unique communication game, students are broken into teams and are given a task to build a robotic like creature from a prototype model. With only one team member who actually has access to the secret plans, other team members must relay design features to the student who must try and re-create the original creature. Communication, teamwork and listening skills are key to this activity.

***Seasonal Availability:*** *All seasons*

***Activity Length:*** *Single*

## **Dutch Auction**

It's not Dutch or an auction, but kids love it. Chaperons and teachers play the roles of judges as kids are split into small teams. Students are asked to creatively show the judges items that range from the world's longest shoelace to a bad hair day. Laughs are abundant during this favorite evening activity.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Games Galore**

One of our favorite recreational activities immerses students in an hour-long session of non-stop fun and games. Campers experience some of Camp Copneconic's best kid-tested games!

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Night Hike**

Participants explore nature at sundown through interactive games and activities. And, on clear nights, students will use a telescope to view the night sky. Students will experience sights and sounds unique to nighttime, opening a new avenue of exploration.

***Seasonal Availability: May depend on time of sundown.***

***Activity Length: Single***

## **Skit Night**

Students will take center stage in an evening entertainment activity that is a wonderful camp tradition. Since 1920 kids have hopped up on the stage at Allen Lodge and have put on fantastically funny performances. Students prepare skits at school or with some guidance at camp.

***Seasonal Availability: All seasons***

***Activity Length: Single***

## **Songfest**

Campers take center stage in this musical activity. Kids are broken into teams and then given a word by the camp instructor. One by one each group then has the opportunity to perform a few lines of a song with that word in it. Points are only given if the whole team participates. Extra points will be given for creativity and choreography.

***Seasonal Availability: All seasons***

**Activity Length:**            **Single**

## **West Center Cabin Assignment Form**

**West Center Rustic Cabins:      132 Beds**

*(All rustic cabins use Iroquois Lodge or Auken Lodge for bathrooms.)*

<b>Wyandotte – 12 Beds – Heated</b>	<b>Winnebago – 12 Beds – Heated</b>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
<b>Ottawa – 12 Beds - Heated</b>	<b>Seminole – 12 Beds - Heated</b>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
<b>Frontier Cabin – 24 Beds - Heated</b>	
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.

*(All rustic cabins use Iroquois Lodge or Auken Lodge for bathrooms.)*

<b>Starr – 12 Beds – No Heat</b>	<b>Jane – 12 Beds – No Heat</b>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
<b>Oakley - 12 Beds – No Heat</b>	<b>Lewis – 12 Beds – No Heat</b>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
<b>Clark – 12 Beds – No Heat</b>	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	

# West Center Cabin Assignment Form

## West Center Cabins: 108 Beds

Note: G = Bathrooms for Girls; B = Bathrooms for Boys

### Iroquois Lodge = 48 Beds (Heated)

Mohawk (G) Front – East	Cayuga (G) Back – East	Oneida (B) Front – West	Tuscarora (B) Back - West
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.

### Auker Lodge = 56 Beds (Heated)

Elk (B) Front – East	Wolf (B) Back – East	Bear (G) Front – West	Coyote (G) Back - West
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.
13.	13.	13.	13.
14.	14.	14.	14.

### Largent Lodge – For Teachers Only = 4 Beds (Heated)

1.	3.
2.	4.

# East Center Cabin Assignments

**East Center Cabins: 83 Beds**

**Note: G = Bathrooms for Girls; B = Bathrooms for Boys**

**Arapahoe Lodge = 48 Beds (Heated)**

Shoshone (G) Front - North	Chickasaw (G) Back - North	Quapaw (B) Front - South	Cheyenne (B) Back - South
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.

**Arapahoe Apartment – For Teachers Only = 8 Beds (Heated)**

1.	1.	1.	1.
2.	2.	2.	2.

**Health Center = 12 Beds (Heated)**

1.	7.
2.	8.
3.	9.
4.	10.
5.	11.
6.	12.

**Health Center Private Rooms – For Teachers Only = 3 Beds (Heated)**

**Room on the Left (Full Bathroom)      Room on the Right (Half Bathroom)**

1.	1.
2.	

**Choctaw Cabin = 12 Beds (Heated) *Will use Arapahoe for bathrooms.***

1.	7.
2.	8.
3.	9.
4.	10.
5.	11.
6.	12.

# East Center Cabin Assignment Form

**EAST CENTER: Conference Center = 80 Total Beds**

North Wing Rooms Bathrooms designed for boys	South Wing Rooms Bathrooms designed for girls
<b>Room # 103</b> 1. _____ 2. _____ 3. _____ 4. _____	<b>Room # 104</b> 5. _____ 6. _____ 7. _____ 8. _____
<b>Room # 105</b> 9. _____ 10. _____ 11. _____ 12. _____	<b>Room # 106</b> 13. _____ 14. _____ 15. _____ 16. _____
<b>Room # 107</b> 17. _____ 18. _____ 19. _____ 20. _____	<b>Room # 108</b> 21. _____ 22. _____ 23. _____ 24. _____
<b>Room # 109</b> 25. _____ 26. _____ 27. _____ 28. _____	<b>Room # 110</b> 29. _____ 30. _____ 31. _____ 32. _____
<b>Room # 111</b> 33. _____ 34. _____ 35. _____ 36. _____	<b>Room # 112</b> 37. _____ 38. _____ 39. _____ 40. _____
<b>Room # 113</b> 41. _____ 42. _____ 43. _____ 44. _____	<b>Room # 114</b> 45. _____ 46. _____ 47. _____ 48. _____
<b>Room # 115</b> 49. _____ 50. _____ 51. _____ 52. _____	<b>Room # 116</b> 53. _____ 54. _____ 55. _____ 56. _____
<b>Room # 117</b> 57. _____ 58. _____ 59. _____ 60. _____	<b>Room # 118</b> 61. _____ 62. _____ 63. _____ 64. _____
<b>Room # 119</b> 65. _____ 66. _____ 67. _____ 68. _____	<b>Room # 120</b> 69. _____ 70. _____ 71. _____ 72. _____
<b>Room # 121</b> 73. _____ 74. _____ 75. _____ 76. _____	<b>Room # 122</b> 77. _____ 78. _____ 79. _____ 80. _____

# North Center Cabin Assignments

## North Center Cabin: 56 Beds

Note: G = Bathrooms for Girls; B = Bathrooms for Boys

### Circle C Lodge = 56 Beds (Heated)

Doll (G) Front - North	Olivia (G) Back - North	Pony (B) Front - South	Smokey (B) Back - South
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.
13.	13.	13.	13.
14.	14.	14.	14.

### Circle C Lodge Private Rooms = 4 Beds (Heated)

Girl's Side

Boy's Side

1.	1.
2.	2.

*These rooms are located in the Circle C Lodge and will share bathrooms with the rest of the Lodge. There are not separate bathrooms.*

## **Health And Safety Guidelines**

### **THE SCHOOL GROUP IS RESPONSIBLE FOR ALL ADMINISTRATION OF FIRST AID AND MEDICATION. EACH SCHOOL MUST BRING FIRST AID SUPPLIES.**

- Choose one or two adults to administer all medication and first aid. S/he should keep a log, noting times, symptoms, action taken and dosages.
- Packing a small first aid kit with band – aids for each chaperon to carry with them is a good idea.
- No medication may be kept in the cabin. This includes adults as well as campers.
- Collect all medication before your departure for camp. Medication includes prescriptions, over-the-counter medications, cough drops, aspirin, Tylenol, ibuprofen, cold medicine, medicated lotions, vitamins, etc.
- Many camp staff members are certified in CPR and Standard First Aid. They will assist in case of EMERGENCY. Camp staff will not provide first aid or dispense medication.
- EMERGENCY CARE: Dial 9 (to get a line out on all Welcome Center phones) 911 to reach central dispatch. Response time is excellent.
- Genesys Hospital is located just 5 minutes away.
- A camp staff will be on call beginning at 7:00pm each night. Program Instructors are available at all evening activities, any problems after evening activities, please call the director on call. Their phone number will be in the window of the Welcome Center.

# **Chaperon Guidelines**

## **Your Role as a Chaperon**

Congratulations! By agreeing to become a chaperon, you have agreed to an exciting yet challenging experience. Below are some guidelines. If at anytime you are unsure of your role, please ask your group's host. We thank you for taking time out of your schedule to attend camp.

- You will be the cabin supervisor at night. This means that you are responsible for maintaining order and ensuring that participants get an adequate amount of sleep. Camp quiet hours begin at 10:00pm.
- Also as a part of being a cabin supervisor, you will be responsible for the hygiene of campers as well as the cleanliness of the cabin.
- During the day you will travel with an activity group. The camp staff will look to you to take care of behavior concerns. During some activities it will be completely appropriate for you to participate, however some activities are meant only for the students.
- You will be responsible for making sure that campers are on time for activities and meals.
- You are expected to set good examples of appropriate behavior, language and attitude.
- All chaperons at camp are expected to follow certain policies. These include:
  - Smoke only in designated areas, and never in front of campers.
  - Maintain a positive, enthusiastic attitude toward the program.
  - Do not allow your behavior to interfere with the campers' learning experience.
  - Alcohol and drugs are not permitted at Camp Copneconic.
  - Physical punishment of any kind (calisthenics, exercise, hitting, kicking, pushing, hazing or deprivation of sleep or food) is strictly prohibited by State Law and camp policy.

## **Cabin Supervision**

It is very important that chaperons be in the cabin anytime there are students in the cabin. Please ensure that campers keep the living area clean and tidy. At the end of each evening's program, participants will return to their cabins. Once they are back in the buildings, please ensure that they observe quiet hours.

## **Program Supervision**

The Program Instructors will lead each activity. Chaperons are expected to be directly involved in the supervision of students in all activities. This will ensure that behavior issues do not take away from the experience and also the safety of the students.

## **Dining Hall Supervision**

The main role of a chaperon in the Dining Hall is to help ensure a relaxed, clean and organized environment, reinforcing manners and proper etiquette.

# **What to Bring List**

Proper clothing is vitally important to a comfortable stay at camp. We run activities rain or shine. Please make sure to mark everything with the student's name. This is a multi-season list – please edit accordingly.

## **Bedding**

- Sleeping bag or blanket
- Bottom sheet
- Pillow and pillowcase

## **Clothing**

- Pajamas
- Daily changes of socks and underwear – extra socks in the cold and wet months
- Light t-shirts
- Shorts
- Jeans or pants
- Sweaters / Sweatshirts
- Warm or light jacket depending on time of year
- Rain Gear (VERY IMPORTANT)
- Waterproof boots
- Hat and mittens (REQUIRED FOR WINTER)
- Two pairs of shoes (Bring an old pair of shoes that can get wet and dirty)

## **Personal Articles**

- Toothpaste and toothbrush
- Bath towel(s) and washcloth
- Comb and brush
- Soap and shampoo
- Chapstick
- Sunscreen

## **General Equipment**

- Flashlight
- Large plastic bag for dirty or wet clothing
- Insect repellent (no aerosol sprays please – these are easy to get in the eyes)

## **Optional Equipment**

- Pencil, journal or notebook
- Camera and film (If disposable, please make sure student's name is on it)
- Book
- Hat

**Please Do Not Bring:** Money, cell phones, radios, cd players, ipods, knives, food, candy, gum, matches, cigarettes, firearms and archery equipment, blow dryers, electrical equipment or electronic games. Thank you!

# **Business Practices**

## **Camp Dates**

With the demand for specific dates, it is our practice to try and retain your relative dates from the previous year. Sometimes, however, dates need to remain flexible due to holiday fluctuations, calendar changes or adjustments in camp accommodations. In this case, we will always attempt to find similar dates as the previous year.

## **Billing**

A 10% non-refundable deposit is required when reserving a camp date. The balance will be invoiced to the school two days after the program has ended and is due 15 days following the experience.

## **Chaperons**

YMCA Camp Copneconic does not charge classroom teachers as participants in the Outdoor Education Program. We have a special program to help schools recruit chaperons. For every ten students, the school receives one chaperon free of charge. Every chaperon above this ratio pays only half the student rate.

## **Pricing**

Our priority at Flint YMCA Camp Copneconic is to serve our mission. As a not-for-profit organization, our rates are established based on a balance between serving our mission and managing our financial responsibilities. In doing this, Camp Copneconic will continually improve the program and facilities. Our pricing practice is simple. We want to continue making the program affordable and charge a fee that keeps us on par with other camping programs as well as the cost of living increases.

## **Group Sizes**

Learning group sizes are based on the number of students you will be bringing out and the type of classes you have chosen. Learning group sizes will range from 10 to 18 students. Please do not arrange groups until you have received your schedule from Ryan Hove.

## **Behavior**

Our program is designed to function as a partnership between the school and camp staff. As adults, we all share in handling difficult behaviors. The camp staff will intervene in any minor situation that arises. The school is responsible for behavior situations that are deemed detrimental to the activities or the safety of the students.

## **Supervision**

It is the responsibility of the school to obtain chaperons to accompany each class and supervise the students in their cabin. We suggest a 1 to 10 ratio.

## **Health**

A Health Information Form is required for each student who attends the program. The school is responsible for having this form available while at camp. The school is also responsible for taking care of all health related services (i.e. medications, first aid, transportation to medical facilities, etc.).

# Project EARTH Activity Selection Form

School Name:	Dates Attending:
School Contact:	Phone Number:
Email Address:	Fax Number:

Please note that some activities are double in length and therefore count for 2 activities. Below is a guide for how many activities to choose. If you are unsure of how many to choose, contact Ryan Hove. Please check the activities you would like and then fax this form (2 pages) to Ryan at 810-629-2128. Thanks!

2 Days and 1 Night	6 Activities
3 Days and 2 Nights	12 Activities
4 Days and 3 Nights	18 Activities
5 Days and 4 Nights	24 Activities

## **Environmental Discovery**

- |  |   |
|--|---|
| <input type="checkbox"/> Amazing Invertebrates       | <input type="checkbox"/> Ecomania <b>(Double)</b> |
| <input type="checkbox"/> Aqua Lab <b>(Double)</b>    | <input type="checkbox"/> Habitrackers             |
| <input type="checkbox"/> Aqua Safari <b>(Single)</b> | <input type="checkbox"/> In Cold Blood            |
| <input type="checkbox"/> Botanical Bonanza           | <input type="checkbox"/> Owl Alert                |
| <input type="checkbox"/> Bird Brains                 |   |

## **Adventure and Cooperative Learning**

- |  |  |
|--|--|
| <input type="checkbox"/> Bridging the Gap  | <input type="checkbox"/> Indoor Initiatives  |
| <input type="checkbox"/> Copneconic Summit** <b>(Double)</b><br><b>(\$10.00 per student)</b> | <input type="checkbox"/> Lost <b>(Double)</b>  |
| <input type="checkbox"/> Creature  | <input type="checkbox"/> Tree Tops Challenge** <b>(Double)</b><br><b>(\$10.00 per student)</b> |
| <input type="checkbox"/> Creek Freak Zip Line**<br><b>(\$5.00 per student)</b>               | <input type="checkbox"/> Triple C Challenge <b>(Double)</b>                                    |
|  | <input type="checkbox"/> Zip Line <b>(\$5.00 per student)</b>                                  |

**\*\*Students must be 10 years old for the Tree Tops Challenge, Zip Line and Creek Freak Zip Line.**

## **Recreational Fun**

- |   |  |
|---|--|
| <input type="checkbox"/> Bullseye Bonanza                                 | <input type="checkbox"/> Fitness Funatics        |
| <input type="checkbox"/> Capture the Flag                                 | <input type="checkbox"/> Games Galore            |
| <input type="checkbox"/> Circle C Riders<br><b>(\$10.00 per student)</b>  | <input type="checkbox"/> Kayak Attack            |
| <input type="checkbox"/> Cross Country Skiing<br><b>(Single / Double)</b> | <input type="checkbox"/> Lake Copneconic Canoers |
| <input type="checkbox"/> Dude Ranchers                                    | <input type="checkbox"/> Tobogganing             |
|   | <input type="checkbox"/> Voyager Hike            |

Continued on following page...

### **Touching Nature**

- |  |  |
|--|--|
| <input type="checkbox"/> Outdoor Cuisine | <input type="checkbox"/> Fire Quest      |
| <input type="checkbox"/> Relic Hunters   | <b>(Eggs / S'mores) Please Circle</b>    |
|  | <input type="checkbox"/> Woodland Artist |

### **Historical and Cultural Lessons**

- |   |   |
|---|---|
| <input type="checkbox"/> Dreamcatchers  | <input type="checkbox"/> Michigan Country <b>(Double)</b> |
| <input type="checkbox"/> Pioneer Crafts | <input type="checkbox"/> Native Peoples                   |

### **Evening Entertainment**

***Please select 2 activities for each evening you will be spending at camp.***

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Campfire               | <input type="checkbox"/> Games Galore |
| <input type="checkbox"/> Capture the Flag       | <input type="checkbox"/> Night Hike   |
| <input type="checkbox"/> Copneconic Disco Fever | <input type="checkbox"/> Skit Night   |
| <input type="checkbox"/> Creature               | <input type="checkbox"/> Songfest     |
| <input type="checkbox"/> Dutch Auction          |                                       |

Arrival Time:	Departure Time:
Number of Male Students:	Number of Female Students:
Number of Male Teachers:	Number of Female Teachers:
Number of Male Chaperons:	Number of Female Chaperons:
Grade Level:	Do you have students with Peanut Allergies?
<b>Students with Special Needs:</b> <i>Please use this space to inform us of students needing special arrangements. For example: students in wheelchairs, students with special diets, students with learning disabilities. Filling this in for us now will help us to provide all students with a comfortable camp stay.</i>	

**Please check the box to acknowledge that you have read the following statement:**

*I understand that while at YMCA Camp Copneconic, our group is responsible for all administration of first aid and dispensing of medication. We will bring first aid supplies as well as over the counter medications as needed.*