

Guide Contents

Page	Guide Descriptions
1	Welcome to the Y-4-All Adventures Program
2	YMCA Camping
3	Leader's Page
4	Y-4-All Sample Schedule
5 - 13	Y-4-All Activity Descriptions
14 - 15	Evening Entertainment Descriptions
16 - 21	Camp Copneconic Sleeping Facilities
22	Health and Safety Guidelines
23	What to Bring Checklist
24	Business Practices
25 - 26	Activity Selection Form
27	Camp Map
28	Map to Camp Copneconic

Welcome to the Y-4-All Adventures Program

Our aim is for you and your group to have the best time possible. This newly designed program was created with you in mind. It offers a variety of services to meet your group's goals with a flexible and innovative approach that has proven successful time and time again. As one Girl Scout leader said, *"I can enjoy being with my girls instead of worrying about cooking, cleaning and programming. Your camp staff takes care of everything."*

The facilities at Camp Copneconic present a nice combination of rustic and modern accommodations. Restrooms and showers are located conveniently inside or close to the cabins.

Camp Copneconic is known as the camp with "awesome" food. Our menu features a variety of entrees that are served buffet style and are the envy of other camps.

We search for staff all over the world that are friendly, trained professionals who love what they do. Your group will never forget them.

The following pages contain information for group leaders. You are encouraged to duplicate and distribute any forms found within. Enjoy looking over the planning guide and if we may be of further assistance, please do not hesitate to contact us. We look forward to enjoying your group's presence at camp. Please take your time to look over the following information.

Sincerely,

Brandon Dreffs
Group Retreat Director

YMCA Camping

Flint YMCA Camp Copneconic has been serving youth and families since 1915. Our longevity and success are due to mission driven programs. This mission has remained unchanged over the years: to put Christian principles into practice through programs and experiences in the natural environment that builds a healthy spirit, mind, and body for all.

As we strive to accomplish our goals, we are guided by the values of caring, honesty, respect, and responsibility. We recognize and support the YMCA of USA mission: “We build strong kids, strong families, and strong communities.”

Our Promise

To ensure a safe, enjoyable weekend for all, through our quality programs, taught by friendly, professional staff, creating life long memories for kids, families, and communities.

Y-4-All Program Areas

To help you with selecting the right combination of activities for your group, we have created four program areas.

Adventures

Those activities that create adventures, voyages, and skills.

Creations

Activities involving creation, whether it's a dream catcher, food, or a bridge of straws.

Educators

Challenges for the mind, showcasing the wonders of nature.

Energizers

Sports, games, and activities for those with energy to burn.

Leader's Page

This page is to be used to help you plan an organized and well-run camp. We have created a checklist of what we have seen work for other groups. We feel it is very important to have everything on this list prepared before you arrive at camp. If at anytime you have questions about the planning process, please feel free to contact Brandon Dreffs.

- ❑ As soon as you have selected activities for your group, please fill out the activity selection form and fax it to Brandon Dreffs or fill out the form online at www.campcopneconic.org/weekendselection.htm.
- ❑ Ensure that everyone in your group knows what the plan upon arrival is. Check-in is usually done in the Welcome Center, where a member of camp staff will be during the entire evening. You are free to use the Allen Lodge for your check-in also.
- ❑ Assign cabins based on your contract before arrival and ensure that everyone knows where they're staying. Use the map on the last page to help with this.
- ❑ We will use "Hands Up" to get the kids' attention at camp. This simply means that when someone yells, "hands up", that all Campers stop talking and put their hands up. It would be great if you practiced this with your kids before they arrive at camp.
- ❑ On the last morning of your camp stay your group's host will give you program evaluations. These help us with improving the program in the future.
- ❑ We will be asking for a final count on Saturday evening. Payment is expected at this time and booking for next year is handled then too.
- ❑ **Each group is responsible for all the administration of medicine and first aid. We advise each group to bring first aid kits.**
- ❑ If at anytime you need help, please contact Brandon Dreffs and he will be more than happy to answer any questions.

Y-4-All Sample Schedule

Friday

7:00 Check In
8:00 Camp Orientation
8:15 Evening Activity
9:30 Snack / Depart for Cabins
11:00 Lights Out / Quiet Hours

Saturday

8:00 Breakfast
9:15 Y-4-All Activity 1
10:15 Break
10:30 Y-4-All Activity 2
11:30 Break
11:45 Lunch
12:30 Y-4-All Activity 3
1:30 Break
1:45 Y-4-All Activity 4
2:45 Break
3:00 Y-4-All Activity 5
4:00 Break
4:15 Y-4-All Activity 6
5:15 Break
5:30 Dinner
6:30 Camp Store Open / Balances Due
7:30 Camp Fire
8:45 Snack / Depart for Cabins
11:00 Lights Out / Quiet Hours

Sunday

8:00 Breakfast
9:00 Move Luggage Out of Cabins
9:30 Departure

Adventures

Bullseye Bonanza

From Ancient Asia to Medieval Europe and Early America the bow was a vital part of life. Copneconic's version sees archers learn the basics of the sport, receive a brief lesson and then partake in some friendly competition.

Seasonal Availability: ***Fall and Spring***
Severe weather restrictions may apply.
Activity Length: ***Single***

Circle C Riders

One of the most primitive forms of transportation, horseback riding is now a recreational activity that young people simply love. In this class, learn the basics of riding and venture out on a horseback ride through beautiful trails that wind through our 700 acres.

Seasonal Availability: ***Available May 30 – June 8 Only***
Severe weather restrictions may apply.
Activity Length: ***Single***
Age Limitation: ***8 and over***
Extra Charge: ***\$10.00 per camper***

Copneconic Summit

Camp Copneconic's 55ft. climbing tower requires participants to step outside of their comfort zone. Reaching one's goal can either be five feet or fifty-five feet above the ground. Both are achievements that will expand the camper's comfort zone while building self-confidence and self esteem.

Seasonal Availability: ***Fall and Spring***
Severe weather restrictions may apply.
Activity Length: ***Double***
Age Limitation: ***8 and over***
Extra Charge: ***\$10.00 per camper***

Creek Freak Zip Line

Safely harnessed, participants will take an exhilarating zip line ride across camp's deep Swartz Creek ravine! Participants will then come to a stop on the other side of the creek and make the hike back to the top of the hill. *Participants must be at least 8 years old. There is a 250lb weight limit.*

Seasonal Availability: ***Fall and Spring***
Severe weather restrictions may apply
Activity Length: ***Single***
Extra Charge: ***\$5.00***

Firequest

Fundamentals of fire building, fire use and fire safety are taught in this enjoyable class. Campers will learn the basics of fire building and then will be put to the test. Split into small teams, each group must gather wood, build and light a fire large enough to cook s'mores or boil an egg – your choice.

Seasonal Availability: ***All seasons***
Activity Length: ***Single***

Treasure Hunters

This is a great alternative to the Triple C Challenge Course on rainy, cold days or if you would just like a shorter version. Utilizing our portable initiatives Campers will need to communicate and work as a team in order to discover the treasure waiting for them.

Seasonal Availability: ***All seasons***
Activity Length: ***Single***

Tree Tops Challenge

Wild Woozy, Hour Glass and Postman's Walk are just a few of the fun and challenging high ropes elements constructed 20 feet high within the trees. Campers will step outside of their comfort zone and choose a challenge right for them. Self-confidence and embracing challenges are just a couple of the lessons that will come out of this amazing experience. Participants must be at least 10 years old.

Seasonal Availability: ***Fall and Spring***
Severe weather restrictions may apply.
Activity Length: ***Double***
Age Limitation: ***10 and over***
Extra Charge: ***\$10.00 per camper***

Triple C Challenge Course

Courage, Character and Cooperation are the three keys to conquering the Triple C Challenge Course. Groups are placed into imaginative and challenging situations that involve a series of ground level initiatives. Campers must focus on creative problem solving and goal achievement if they plan on overcoming group challenges.

Seasonal Availability: ***All Seasons***
Severe weather restrictions may apply.
Activity Length: ***Double***

Voyager Hike

This class takes Campers on an adventurous hike around Camp Copneconic. Logs, brush and water are all obstacles campers may face while on a quest for the elusive "Board of Voyagers". Campers will learn about the fun of hiking in nature. Old shoes are a must, as mud will not stop the hike.

Seasonal Availability: ***All seasons***
Severe weather restrictions may apply.
Activity Length: ***Single***

Zip Line

Safely harnessed, Campers will climb a ladder up the inside of our 55ft climbing tower leading them to a 75 yard cable. Facilitators will then help the participants to step off the tower to an adventurous zip line ride! Participants must be at least 10 years old.

Seasonal Availability: ***Fall and Spring***
Severe weather restrictions may apply
Activity Length: ***Single***
Age Limitation: ***10 and over***
Extra Charge: ***\$5.00***

Creations

Candle Making

Using colored melted wax, campers create candles in many shapes and color schemes. They're limited only by their imagination, which leads to a huge variety in keepsake candles.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Corn Husk Dolls

An old tradition, corn husk dolls are given a modern touch at Camp Copneconic. Campers use the husks from corn to create their own doll/action figure to take home with them.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Dreamcatchers

A beautiful Native American tradition, Campers will learn the history of the dreamcatcher. After the short story, Campers will create their own to take home.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Extreme Water Rockets

Campers will create a water rocket out a used two-liter bottle brought from home. After a simple introduction to rocket science and time to decorate their creation each group gets to launch their rockets.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Outdoor Cuisine

Campers will love taste testing some of camp's favorite outdoor cuisines like Campside Stew, Homemade Butter and Bread. Campers learn tried and true outdoor cooking techniques by learning first hand how to prepare and cook over an open fire.

Seasonal Availability: *All seasons*

Severe weather may move the class indoors.

Activity Length: *Single*

Tie-Dye & Shrinky Dinks

This activity combines two of our most popular modern crafts. Campers bring their own white shirt, socks or any other piece of clothing to create dazzling patterns using tie-dye techniques. Afterwards, shrinking plastic is decorated to create key chains, pins, or anything else the imaginative camper can think of.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Educators

Bridging The Gap

Campers join forces to develop a prototype of a bridge using only a few materials. Split into small teams, each group must find a way to build a bridge that will support weight that will increase with each test. Group problem solving, planning and teamwork are emphasized.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Creature

A unique communication game, campers are broken into teams and are given a task to build a robotic like creature from a prototype model. With only one team member who actually has access to the secret plans, other team members must relay design features to the camper who must try and re-create the original creature. Communication, teamwork and listening skills are key to this activity.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Eggbert

Campers work in small teams to develop a prototype landing craft for Eggbert (a raw egg). The group then markets their idea and design to a NASA official and the model is built and tested. Group problem solving and creative thinking are emphasized.

Seasonal Availability: *All seasons*

Activity Length: *Single*

In Cold Blood

Reptiles, Amphibians and Fish! Campers will get a hands-on experience with the live creatures. Instructors will discuss characteristics of toads, frogs, snakes, turtles and a variety of lizards. Campers will discuss what makes them similar and what makes them different.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Nuts About Nature

Campers head out on a hike to find animal signs, tracks, scat and habitats. Along the way fascinating plants, trees, vines and more will be discovered in the beautiful natural areas at Camp Copneconic. Campers will learn about the oldest tree on camp, edible plants, habitats as well as visit the bird blind and horse ranch.

Seasonal Availability: ***Spring and Fall***
Severe weather restrictions may apply
Activity Length: ***Single***

Predator & Prey

Campers learn about predator and prey relationship through the eyes of an animal. The activity involves an exciting and challenging "Game of Life" where campers transform into animals and learn first hand about survival in the wild!

Seasonal Availability: ***All seasons***
Severe weather restrictions may apply.
Activity Length: ***Double***

Relic Hunters

Orienteering is the skill and searching for ancient relics is the thrill! Campers experience an action packed approach to navigating outdoors by learning the basics of compass use. After going through the compass course, Campers are put to the test and set out to put their new skills into action as they hike around camp to find the lost relic.

Seasonal Availability: ***All seasons***
Severe weather restrictions may apply.
Activity Length: ***Single***
Age Limitation: ***5th Grade***

Energizers

Capture the Flag

A great activity to burn some energy! Capture the Flag is a traditional camp game that is great for getting kids together for some friendly competition. Strategy, utilization of talents and determination are the key to this fun activity.

Season Availability: *All seasons*
Severe weather restrictions may apply.
Activity Length: *Single*

Carnival

For large groups only, the carnival is full of non-stop fun and games. Tokens and/or prizes are awarded to campers as they sample all of the activities, such as face painting, pony rides, soccer shootout, and sack races.

Seasonal Availability: *All seasons*
Activity Length: *Single*

Cross Country Skiing

Students are fitted with boots, skis and poles and then given a short lesson on the basics of cross-country skiing. After the lesson the group will ski along the trails that cover Camp Copneconic.

Season Availability: *Winter*
Activity Length: *Single or Double*

Fitness Funatics

This class is both education and active, as students examine the importance of health and fitness. Students will learn about proper nutrition, how to calculate their heart rate, and role of exercise in a maintaining a healthy a body. The idea that exercise can be fun will be reinforced with a game of Ultimate Frisbee!

Seasonal Availability: *All seasons*
Severe weather restrictions may apply.
Activity Length: *Single*

Games Galore

One of our favorite recreational activities immerses Campers in an hour-long session of non-stop fun and games. Campers experience some of Camp Copneconic's best kid-tested games!

Seasonal Availability: *All seasons*

Activity Length: *Single*

Kayak Attack

Campers will leave Camp Copneconic and experience a "Kayak Attack" wanting to experience more and more kayaking. The kayak is a lot of fun and each camper will paddle their own watercraft giving them a great sense of accomplishment.

Seasonal Availability: *Fall and Spring*

Severe weather restrictions may apply.

Activity Length: *Single*

Lake Copneconic Canoers

Like the early Americans of the past, Campers embark on a journey around Lake Copneconic. After a short lesson on paddling and canoe safety, campers will head out for a canoeing expedition.

Seasonal Availability: *Fall and Spring*

Severe weather restrictions may apply.

Activity Length: *Single*

Sports Of All Sorts

We give you a choice of sports. Your group can play flag football, broom hockey, or silly soccer. Your campers will love the subtle rules variations that make the sports more fun than they've experienced before.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Tobogganing

Students hike out to the Toboggan Run where they will receive helmets and a short safety lesson. They will then grab a sled and head down the wooden run. Students will compete for best wipe out, longest slide and more.

Seasonal Availability: *Winter*

Unsafe weather restrictions may apply.

Activity Length: *Single*

Evening Activity Choices

Campfire

The highlight of the camp experience. Campers will experience more than just a fire. Instructors will lead fun and crazy camp songs, stories, cheers, skits and more around the campfire. A night around the campfire will not soon be forgotten.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Copneconic Disco Fever

This is a chance for campers to burn off energy. A mix of school appropriate songs, combined with disco lights, allow the students to relax and interact as they dance the night away.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Dutch Auction

It's not Dutch or an auction, but kids love it. Chaperons play the roles of judges as kids are split into small teams. Campers are asked to creatively show the judges items that range from the world's longest shoelace to a bad hair day. Laughs are abundant during this favorite evening activity.

Seasonal Availability: *All seasons*

Activity Length: *Single*

Games Galore

One of our favorite recreational activities immerses Campers in an hour-long session of non-stop fun and games. Campers experience some of Camp Copneconic's best kid-tested games!

Seasonal Availability: *All seasons*

Activity Length: *Single*

Night Hike

Participants explore nature at sundown through interactive games and activities. Campers will experience sights and sounds unique to nighttime, opening a new avenue of exploration.

Seasonal Availability: *May depend on time of sundown.*

Activity Length: *Single*

Skit Night

Campers will take center stage in an evening entertainment activity that is a wonderful camp tradition. Since 1930 kids have hopped up on the stage at Allen Lodge and have put on fantastically funny performances. Campers prepare skits at school or with some guidance at camp.

Seasonal Availability: All seasons

Activity Length: Single

Songfest

Campers take center stage in this musical activity. Kids are broken into teams and then given a word by the camp instructor. One by one each group then has the opportunity to perform a few lines of a song with that word in it. Points are only given if the whole team participates. Extra points will be given for creativity and choreography.

Seasonal Availability: All seasons

Activity Length: Single

West Center Cabin Assignment Form

West Center Rustic Cabins: 132 Beds

(All rustic cabins use Iroquois Lodge or Auker Lodge for bathrooms.)

Wyandotte – 12 Beds – Heated	Winnebago – 12 Beds – Heated
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
Ottawa – 12 Beds - Heated	Seminole – 12 Beds - Heated
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
Frontier Cabin – 24 Beds – Heated Boone & Crockett	
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.

(All rustic cabins use Iroquois Lodge or Auker Lodge for bathrooms.)

Starr – 12 Beds – No Heat	Jane – 12 Beds – No Heat
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
Oakley - 12 Beds – No Heat	Lewis – 12 Beds – No Heat
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.
Clark – 12 Beds – No Heat	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	

West Center Cabin Assignment Form

West Center Cabins: 108 Beds

Note: G = Bathrooms for Girls; B = Bathrooms for Boys

Iroquois Lodge = 48 Beds (Heated)

Mohawk (G) Front – East	Cayuga (G) Back – East	Oneida (B) Front – West	Tuscarora (B) Back - West
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.

Auker Lodge = 56 Beds (Heated)

Elk (B) Front – East	Wolf (B) Back – East	Bear (G) Front – West	Coyote (G) Back - West
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.
13.	13.	13.	13.
14.	14.	14.	14.

Largent Apartment = 4 Beds (Heated)

1.	3.
2.	4.

East Center Cabin Assignments

East Center Cabins: 83 Beds

Note: G = Bathrooms for Girls; B = Bathrooms for Boys

Arapahoe Lodge = 48 Beds (Heated)

Shoshone (G) Front - North	Chickasaw (G) Back - North	Quapaw (B) Front - South	Cheyenne (B) Back - South
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.

Arapahoe Apartment – For Adults Only = 8 Beds (Heated)

1.	1.	1.	1.
2.	2.	2.	2.

Health Center = 12 Beds (Heated)

1.	7.
2.	8.
3.	9.
4.	10.
5.	11.
6.	12.

Health Center Private Rooms – For Teachers Only = 3 Beds (Heated)

Room on the Left (Full Bathroom) Room on the Right (Half Bathroom)

1.	1.
2.	

Choctaw Cabin = 12 Beds (Heated) Will use Arapahoe for bathrooms.

1.	7.
2.	8.
3.	9.
4.	10.
5.	11.
6.	12.

East Center Cabin Assignment Form

EAST CENTER: Conference Center = 80 Total Beds

North Wing Rooms Bathrooms designed for boys	South Wing Rooms Bathrooms designed for girls
Room # 103 1. _____ 2. _____ 3. _____ 4. _____	Room # 104 5. _____ 6. _____ 7. _____ 8. _____
Room # 105 9. _____ 10. _____ 11. _____ 12. _____	Room # 106 13. _____ 14. _____ 15. _____ 16. _____
Room # 107 17. _____ 18. _____ 19. _____ 20. _____	Room # 108 21. _____ 22. _____ 23. _____ 24. _____
Room # 109 25. _____ 26. _____ 27. _____ 28. _____	Room # 110 29. _____ 30. _____ 31. _____ 32. _____
Room # 111 33. _____ 34. _____ 35. _____ 36. _____	Room # 112 37. _____ 38. _____ 39. _____ 40. _____
Room # 113 41. _____ 42. _____ 43. _____ 44. _____	Room # 114 45. _____ 46. _____ 47. _____ 48. _____
Room # 115 49. _____ 50. _____ 51. _____ 52. _____	Room # 116 53. _____ 54. _____ 55. _____ 56. _____
Room # 117 57. _____ 58. _____ 59. _____ 60. _____	Room # 118 61. _____ 62. _____ 63. _____ 64. _____
Room # 119 65. _____ 66. _____ 67. _____ 68. _____	Room # 120 69. _____ 70. _____ 71. _____ 72. _____
Room # 121 73. _____ 74. _____ 75. _____ 76. _____	Room # 122 77. _____ 78. _____ 79. _____ 80. _____

North Center Cabin Assignments

North Center Cabin: 56 Beds

Note: G = Bathrooms for Girls; B = Bathrooms for Boys

Circle C Lodge = 56 Beds (Heated)

Doll (G) Front - North	Olivia (G) Back - North	Pony (B) Front - South	Smokey (B) Back - South
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.
9.	9.	9.	9.
10.	10.	10.	10.
11.	11.	11.	11.
12.	12.	12.	12.
13.	13.	13.	13.
14.	14.	14.	14.

Circle C Lodge Private Rooms = 4 Beds (Heated)

Girl's Side

Boy's Side

1.	1.
2.	2.

These rooms are located in the Circle C Lodge and will share bathrooms with the rest of the Lodge. There are not separate bathrooms.

Health And Safety Guidelines

THE GROUP IS RESPONSIBLE FOR ALL ADMINISTRATION OF FIRST AID AND MEDICATION. EACH GROUP MUST BRING FIRST AID SUPPLIES.

- Packing a small first aid kit with band-aids for each chaperon to carry with them is a good idea.
- Many camp staff members are certified in CPR and Standard First Aid. They will assist in case of EMERGENCY. Camp staff will not administer first aid or dispense medication.
- EMERGENCY CARE: Dial 9 (to get a line out on all Welcome Center phones) 911 to reach central dispatch. Response time is excellent.
- Genesys Hospital is located just 5 minutes away.
- Health Forms are available upon request.
- A camp staff will be on call beginning at 7:00pm each night. Program Instructors are available at all evening activities, any problems after evening activities, please call the director on call. Their phone number will be in the window of the Welcome Center.

What to Bring List

Proper clothing is vitally important to a comfortable stay at camp. We run activities rain or shine. Please make sure to mark everything with the camper's name. This is a multi-season list – please edit accordingly.

Bedding

- Sleeping bag or blanket
- Bottom sheet
- Pillow and pillowcase

Clothing

- Pajamas
- Daily changes of socks and underwear – Extra socks in the cold and wet months
- Light t-shirts
- Shorts
- Jeans or pants
- Sweaters / Sweatshirts
- Warm or light jacket depending on time of year
- Rain Gear (VERY IMPORTANT)
- Waterproof boots
- Hat and mittens (REQUIRED FOR WINTER)
- Two pairs of shoes (Bring an old pair of shoes that can get wet and dirty)

Personal Articles

- Toothpaste and toothbrush
- Bath towel(s) and washcloth
- Comb and brush
- Soap and shampoo
- Chapstick
- Sunscreen

General Equipment

- Flashlight
- Large plastic bag for dirty or wet clothing
- Insect repellent (no sprays please)
- Water Bottle with name on it

Optional Equipment

- Pencil, journal or notebook
- Camera and film (If disposable, please make sure camper's name is on it)
- Book
- Hat
- Money For Camp Store

Please Do Not Bring: Radios, cd players, ipods, knives, food, candy, gum, matches, cigarettes, firearms and archery equipment, curling irons, blow dryers, electrical equipment or electronic games. Thank you!

Business Practices

Camp Dates

With the demand for specific dates, it is our practice to try and retain your relative dates from the previous year. Sometimes, however, dates need to remain flexible due to holiday fluctuations, calendar changes or adjustments in camp accommodations. In this case, we will always attempt to find similar dates as the previous year.

Billing

A 10% non-refundable deposit is required when reserving a camp date. The balance is expected on Saturday night of your visit.

Pricing

Our priority at Flint YMCA Camp Copneconic is to serve our mission. As a not-for-profit organization, our rates are established based on a balance between serving our mission and managing our financial responsibilities. In doing this, Camp Copneconic will continually improve the program and facilities. Our pricing practice is simple. We want to continue making the program affordable and charge a fee that keeps us on par with other camping programs as well as the cost of living increases.

Behavior

Our program is designed to function as a partnership between the group and camp staff. As adults, we all share in handling difficult behaviors. The camp staff will intervene in any minor situation that arises. The group is responsible for behavior situations that are deemed detrimental to the activities or the safety of the participants.

Y-4-All Activity Selection Form

Group Name:	Dates Attending:
Group Contact:	Phone Number:
Email Address:	Fax Number:

Please note that some activities are double in length and therefore count for 2 activities. Please check the activities you would like (6 day time & 2 evening) and then fax this form to Brandon Dreffs at 810-629-2128. Thanks!

Adventures

- | | |
|--|---|
| <input type="checkbox"/> Bullseye Bonanza | <input type="checkbox"/> Treasure Hunters |
| <input type="checkbox"/> Copneconic Summit (\$10.00) | <input type="checkbox"/> Tree Tops Challenge** (\$10.00) |
| <input type="checkbox"/> Creek Freak Zip Line** (\$5.00) | <input type="checkbox"/> Triple C Challenge |
| <input type="checkbox"/> Firequest | <input type="checkbox"/> Voyager Hike |
| <input type="checkbox"/> Fitness Funatcis | <input type="checkbox"/> Zip Line** (\$5.00) |
| <input type="checkbox"/> Circle C Riders (\$10.00) <i>(This activity is extra on top of your 7 choices)</i> | |

****Age Limit for Creek Freak is 8 years old. **Age limit for Tree Tops is 10 years old. **Age limit for Copneconic Summit is 8 years old. **Age limit for Zip Line is 10 years old.**

Creations

- | | |
|--|--|
| <input type="checkbox"/> Candle Making | <input type="checkbox"/> Extreme Water Rockets |
| <input type="checkbox"/> Corn Husk Dolls | (Bring Own 2-liter Bottles) |
| <input type="checkbox"/> Dreamcatchers | <input type="checkbox"/> Outdoor Cuisine |
| | <input type="checkbox"/> Tie Dye & Shrinky Dinks |
| | (Bring Own White T-shirts) |

Educators

- | | |
|---|--|
| <input type="checkbox"/> Bridging The Gap | <input type="checkbox"/> Nuts About Nature |
| <input type="checkbox"/> Creature | <input type="checkbox"/> Predator & Prey |
| <input type="checkbox"/> Egbert | <input type="checkbox"/> Relic Hunters |
| <input type="checkbox"/> In Cold Blood | |

Energizers

- | | |
|---|--|
| <input type="checkbox"/> Capture the Flag | <input type="checkbox"/> Kayak Attack |
| <input type="checkbox"/> Carnival | <input type="checkbox"/> Lake Copneconic Canoers |
| <input type="checkbox"/> Cross Country Skiing | <input type="checkbox"/> Sports Of All Sorts |
| <input type="checkbox"/> Games Galore | <input type="checkbox"/> Tobogganing |

Evening Activities

- | | |
|---|--|
| <input type="checkbox"/> Campfire | <input type="checkbox"/> Ice Breaker Games |
| <input type="checkbox"/> Copneconic Disco Fever | <input type="checkbox"/> Night Hike |
| <input type="checkbox"/> Dutch Auction | <input type="checkbox"/> Skit Night |
| | <input type="checkbox"/> Songfest |

Please select one alternate activity and indicate it is the alternate by circling it in case of scheduling conflicts.

Continued on Following Page...

Arrival Time:	Departure Time:
Age of Campers:	Do you have any campers with Peanut Allergies?
Number of Campers:	Number of Adults:
Campers with Special Needs: <i>Please use this space to inform us of campers needing special arrangements. For example: campers in wheelchairs, campers with special diets, campers with learning disabilities. Filling this in for us now will help us to provide all campers with a comfortable camp stay.</i>	

Please check the box to acknowledge that you have read the following statement:

I understand that while at YMCA Camp Copneconic, our group is responsible for all administration of first aid and dispensing of medication. We will bring first aid supplies as well as over the counter medications as needed.